

Stamford Bridge Primary School

Sex Education Policy



Policy agreed by staff	May 2019
Policy agreed by Governors	



Wolds Learning Partnership – A family of schools with shared values



Stamford Bridge Primary School

Sex and Relationship Education Policy

Please read in conjunction with other relevant safeguarding related policies.

Sex and relationship education is an important and vital aspect of education for all pupils as sexual development and maturity is an integral and significant part of a pupils' personal development.

Aims:

- To help prepare our children to cope with the physical and emotional challenges of growing up
- To provide knowledge and information
- To encourage respect and consideration for others
- To emphasize the importance of positive relationships
- To foster self-esteem, self-awareness and a sense of moral responsibility to help children enter adolescence
- To encourage personal responsibility
- To be able to respond appropriately and sensitively to children's questions as they arise
- To ensure sex education is an integral part of the learning process

Skills, Knowledge and Understanding:

- Language -talk, listen, share, discuss, question, negotiate
- Decision making - assess options, make choices, predict outcomes
- Assertiveness - expression of feelings
- Relationships with others – making and managing friendships
- Personal Safety – apply practises for keeping safe

Contribution to Personal Development

Sex and relationship education is a vital part of preparation for adolescence and ultimately adult life, and contributes to personal development by encompassing and developing work on:

- Preparation for puberty
- Personal Safety
- Different types of family groups
- Relationships with others
- The importance of valuing oneself and others
- Exploring the attitudes, beliefs and values of others

Organisation

- It is the policy of Stamford Bridge Primary School to deal with questions about the differences of the sexes, reproduction and bodily change factually and honestly as they arise within the teaching groups
- Teaching about reproduction forms part of the Science curriculum
- Relationships are covered as part of PHSE, for example via:
 - the school's Positive Behaviour Policy and 'Do it Right' weekly focus
 - class circle time/discussion time
 - assemblies
 - E-safety sessions
- The Year 6 teachers plus ELSA teach the children about basic sex education, relationships/feelings, how the body is changing in preparation for puberty etc. Parents of Year 6 will have the opportunity to view the DVD the nurse bases her lessons around and complete a consent form to give permission for their child to take part
- In Year 5, girls are taught about body changes in relation to menstruation
- Any questions that are not considered suitable will not be answered; parents may be informed so that they can speak to their child if they feel it is appropriate

Equal Opportunities

All children will have the opportunity for sex education at an appropriate level for their age and development, as reproduction is part of the science curriculum. Relationships education forms an on-going part of the work of our school and, as such, all children access this learning.

Our ELSA provision offers additional support for those pupils who require more specialist support regarding dealing with their emotions and forming appropriate friendships.