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# Nappy changing (Intimate Care Policy) for Nursery Children

# This policy is applicable to Stamford Bridge Primary School as part of the Wonder Learning Partnership (WLP)

<b>Important:</b> This document can only be considered valid when viewed on the school website. If this document has been printed or saved to another location, you must check that the version number on your copy matches that of the document online.	
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	LGB
	Board of Trustees
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# Stamford Bridge Primary School nappy changing (intimate care policy) for nursery children

Stamford Bridge Primary School is committed to ensuring that all staff responsible for the intimate care of children or young people will undertake their duties in a professional manner at all times. We recognise that there is a need to treat all children/young people with respect when intimate care is given. No child/young person should be attended to in a way that causes distress, embarrassment or pain.

### What is Intimate Care?

Intimate care is any personal care that most people usually carry out for themselves.

# Our Approach to Best Practice

The management of all children/young people with intimate care needs will be carefully planned and should be a positive experience for all involved. The child/young person who requires intimate care is treated with respect at all times; the child's welfare and dignity is of paramount importance.

We support children sensitively and with dignity in this matter.

# Purpose:

- To safeguard the rights and promote the best interests of the children
- To ensure children are treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one
- To safeguard adults required to operate in sensitive situations
- To raise awareness and provide a clear procedure for intimate care
- To inform Parents/Carers in how intimate care is administered
- To ensure Parents/Carers are consulted in the intimate care of their children

#### Principles:

The Wonder Learning Partnership believe it is essential that every child is treated as an individual and that care is given as gently and as sensitively as possible. As far as possible, the child should be allowed to exercise choice and should be encouraged to have a positive image of his/her own body. It is important for staff to bear in mind how they would feel in the child's position. Given the right approach, intimate care can provide opportunities to teach children about the value of their own bodies, to develop their safety skills and to enhance their self-esteem. As outlined in the foundation stage curriculum, we are responsible for children's personal care skills, as an essential part of Personal Development. Parent/Carers and staff should be aware that matters concerning intimate care will be dealt with confidentially and sensitively and that the young persons' right to privacy and dignity is maintained at all times.

# Definition

Intimate care is one of the following:

- Supporting a pupil with dressing/undressing
- Cleaning a pupil who has wet / soiled him/herself, has vomited or feels unwell

### Supporting dressing/undressing

Sometimes it will be necessary for adults to aid a child in getting dressed or undressed, particularly in Early Years. Staff will always encourage children to attempt undressing and dressing unaided.

Adults include teaching staff, support staff and voluntary helpers.

# Wet/soiling:

Parent/Carers will be kept fully informed of the procedures the school will follow should their child need changing during school time. If a child has soiled or wet themselves we will clean and change them in a safe, private area with a familiar adult.

However, if a Parent/Carer does not want a member of staff to provide personal care the academy will contact the Parent/Carers or other emergency contact giving specific details about the necessity for cleaning the child. If the Parent/Carers or emergency contact is able to come within a few minutes, the child is comforted and kept away from the other children to preserve dignity until the Parent/Carer arrives. Children are not left on their own whilst waiting for a Parent/Carer to arrive, an adult will stay with them, giving comfort and reassurance. The child will be dressed at all times and never left partially clothed.

If a Parent/Carer or emergency contact cannot attend, the academy seeks to gain verbal consent from Parent/Carers for staff to clean and change the child. This permission will be sought on each occasion that the child soils him or herself.

If the Parent/Carers and emergency contacts cannot be contacted the Head Teacher will be consulted. If put in an impossible situation where the child is at risk, staff will act appropriately and may need to come into some level of physical contact in order to aid the child.

When touching a child, staff should always be aware of the possibility of invading a child's privacy and will respect the child's wishes and feelings. If a child needs to be cleaned, staff will make sure that:

- Protective disposable gloves are worn and hands are thoroughly washed afterwards.
- The process is discussed in a friendly and reassuring way with the child throughout.
- The child is encouraged to care for him/herself as far as possible.
- Physical contact is kept to the minimum possible to carry out the necessary cleaning.

- Whilst changing, children's skin is cleaned with a disposable wipe/creams if needed.
- Privacy is given appropriately to the child's age and the situation.
- All spills of vomit, blood or excrement are wiped up and flushed down the toilet.
- Nappies and 'pull ups', gloves and wipes are dealt with hygienically and safely placing in the nappy bin provided.
- Any soiling that can be, is flushed down the toilet.
- Soiled clothing is double bagged, unwashed, and sent home with the child.

A nappy changing record is always signed and dated by members of staff every time a child's nappy/clothes are changed.

#### Hygiene:

All staff must be familiar with normal precautions for avoiding infection, must follow basic hygiene procedures and have access to protective, disposable gloves.

#### Protection for staff:

Members of staff need to have regard to the danger of allegations being made against them and take precautions to avoid this risk. These should include:

- Gaining a verbal agreement from another member of staff that the action being taken is necessary.
- Another member of staff will be available to support. If this affects the ratios in the unit a member of the office staff will support.
- Be aware of and responsive to the child's reaction.

#### Safeguards for children:

There is an obligation on local authorities to ensure that staff who have substantial, unsupervised access to children undergo police checks. All Wonder Learning Partnership staff are subject to an enhanced DBS check, on application and cannot undertake tasks within the academy until all checks are completed satisfactorily. It is not appropriate for volunteers to carry out intimate care procedures. Students and Trainees should only do so under the supervision of a trained member of staff, following consultation with the student or trainee's college/partnership supervisors.