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8 January 2024

Dear Parents and Carers,

Relationships and Sex Education (RSE)

I hope you have had a wonderful Christmas and a very happy New Year to you all.

As a part of your child's educational experience at Stamford Bridge Primary School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) and Relationships and Sex Education (RSE) that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

Across the Spring term, in PSHE, children in Year 3 and 4 will be taught the 'Relationships' module and cover the unit of 'Touch'.

By the end of the topic, your child will:

- understand the difference between appropriate and inappropriate touch
- know why it is important to care about other people's feelings
- understand personal boundaries
- know who and how to ask for help
- be able to name human body parts

Your child will learn the following new words / phrases:

Communicate	<i>To exchange or share information or ideas.</i>
Situation	<i>What is happening now.</i>
Penis	<i>The part of a male's body that is used for urinating.</i>
Testicles	<i>Two round male organs that produce sperm.</i>
Vagina	<i>The part of a woman's body that connects her outer organs to her uterus.</i>
Vulva	<i>External female genitalia that surround the opening to the vagina.</i>
Anus	<i>The external opening of the canal through which excrement leaves the body.</i>
Private parts	<i>A person's genitals.</i>
Appropriate	<i>Suitable or acceptable for a particular situation.</i>

The 1 decision knowledge organisers provide an overview of the information and key vocabulary that will be taught in each unit from Year 1 to Year 6 during PSHE and RSE. These knowledge organisers are introduced to the children at the beginning of each module and are referred to throughout their learning to embed and consolidate key learning.



We encourage parents and carers to view the knowledge organisers so that you are aware of the topics being taught, the key information covered within each module and to view the key vocabulary and phrases used in the lessons. Below is the knowledge organiser for the 'Touch' unit.

Key Facts

- It is not always right to keep secrets if they relate to being safe
- Each person's body belongs to them
- It is important to seek help or advice if a relationship is making you feel unsafe or unhappy
- In school and in wider society, you can expect to be treated with respect by others, and in turn, you should show due respect to others, including those in positions of authority
- It is important to understand how to report concerns or abuse

I will learn the following new words/phrases:

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Ask me a question!

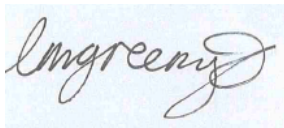
- Can you name the different human body parts?
- If you know of somebody who is upset about the way someone treats them, what could you do?
- If you feel uncomfortable in a relationship, who could you talk to?

By the end of these topics, I should:

- understand the difference between appropriate and inappropriate touch
- know why it is important to care about other people's feelings
- understand personal boundaries
- know who and how to ask for help
- be able to name human body parts

If you require further information or wish to view any of the resources, please don't hesitate to contact your child's class teacher or Miss Massey.

Yours sincerely,



Miss A Greening
PSHE and RSE Lead
Year 6 Classroom Teacher