

Upper School
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Tel: 01759 371430



Lower School
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Stamford Bridge
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www.stamfordbridgeschool.co.uk

8 January 2024

Dear Parents and Carers,

I hope you have had a wonderful Christmas and a very happy New Year to you all.

Relationships and Sex Education (RSE)

As a part of your child's educational experience at Stamford Bridge Primary School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) and Relationships and Sex Education (RSE) that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

Across the Spring term in PSHE, children in Years 5 and 6 will be taught lessons with a focus on body changes and puberty. Sessions on puberty and changes to the body are statutory and form a part of the UKS2 Science Curriculum – this means that you are unable to withdraw your child from the puberty and changes to the body sessions.

Within the first half term (date to be confirmed), Year 6 children will be visited by the East Riding School Nurse who will deliver a session on: boys and girls changes, how babies are made and how to look after yourself. This session is non-statutory and you do have a right to withdraw your child from this. When the East Riding School Nurse comes into school, they will deliver additional resources to those from 1 decision (linked below). If you require further information or wish to see these, please get in touch with the school.

If you wish for your child to be withdrawn from the 'how babies are made' session, please email the office on: office@stamfordbridgeschool.co.uk and mark for the attention of Miss Greening or Mrs Malster-Hinett. We will remove your child from this non-statutory session only. If we do not hear from you, we will assume that it is okay for your child to take part. If you require further information or wish to view any of the resources, please don't hesitate to contact your child's class teacher.

Please see the link below to view resources that will be used in the teaching of puberty and conception:

[Parent/carer Zone: RSHE and PSHE Support and Guidance \(1decision.co.uk\)](https://www.1decision.co.uk)

Yours sincerely,

Miss A Greening
PSHE and RSE Lead
Year 6 Classroom Teacher

Mrs Malster-Hinett
Year 5 Classroom Teacher

